

The Mission of the Family Resource Centers

The Family Resource Centers support and uplift the school-family-community partnership, by providing a broad base of educational and supportive programs. Our success in fulfilling our mission hinges on positive and healthy community and family relationships. In delivering our services, we work closely with schools, social service agencies, and our community partners.

Additional Programs and Opportunities Provided by the Keeney Family Resource Center:

- **Lunch Groups:** Keeney Lunch Groups are open to 4th and 5th graders who have turned in signed permission slips. Groups discuss a range of topics during students' regularly scheduled lunch periods.
- **Community Outreach:** Whether promoting the Family Resource Center or other programs in the Manchester area, the Keeney Family Resource Center helps community members understand the range of services available in our town.
- **Kindergarten Socialization:** All students benefit from positive role models, including our Kindergarteners! The Family Resource Centers join Kindergartens during their play times to model healthy relationships and prosocial behavior.
- **Resource and Referral:** We are a primary resource and referral for all matters pertaining to the well-being of children, their families, and the community.

LUNCH GROUPS AT THE FAMILY RESOURCE CENTER

A Quick Guide to Positive Youth
Development Groups





Positive Youth Development

Young people aren't just learning math, science, reading, and writing when they're in school. They're learning how to be adults, including all the mental and emotional maturity that comes with that! To help students achieve their full potential, the Family Resource Center provides Positive Youth Development groups.

Lunch Groups

Lunch groups are Positive Youth Development groups held during students' normal lunch periods. The Family Resource Center invites young people to come down to the center with their lunches once per week and discuss a variety of issues and ideas important to them. Every group differs, but the overarching ideas of respect, healthy relationships, and self-esteem building are essential to each discussion.

So What Does a Typical Lunch Group Look Like?

Lunch groups vary from school to school, but they usually share a few key elements. These include:

- They generally run for a period of six weeks, with the students coming down to the Family Resource Center once per week.
- Groups usually have an overarching theme tying together the six week course.
- Individual lunch groups usually consist of discussion on a particular topic, as well as a related game or group activity.
- Both the discussion and the related activities are meant to foster self-esteem and self-efficacy.
- Groups are non-judgemental, safe environments where young people can discuss topics that matter to them.



How to Join

At the beginning of each six week Lunch Group, a flyer and permission slip will go home with 4th and 5th grade students. Parents must fill out the permission slip and have students return the slips to their homeroom teachers. Please note, space in the groups is very limited. If a student is unable to participate in a lunch group, every effort will be made to include the student in the next available series of lunch groups.

Lunch Group Schedule

Keeney	4th Grade	Monday and Tuesday
	5th Grade	Monday and Tuesday
Martin	4th Grade	Thursday and Friday
	5th Grade	Thursday and Friday

All Lunch Groups take place during students' normal lunch time.

Contact Us

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